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NEWSLETTER NO4 NOV 2018 NTSIKA OPTION



Newsletter to Members

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MONTHLY CONTRIBUTIONS

INCREASE IN THE MONTHLY CONTRIBUTIONS FROM 1ST JANUARY 2019

The Board of Trustees has endeavored to revisit the contribution table and made significant changes to the benefits of the Ntsika Members.

The Board of Trustees has resolved to increase contributions with effective from 1 January 2019 as per the following Ntsika Option tables: -

Income band	Principal Member	Adult Dep	Child Dep
R0-6000	R980	R935	R343
R6001 – R8500	R1025	R980	R364
R8501 - R10500	R1165	R1110	R415
R10501 - R13000	R1510	R1450	R430
R13000+	R2225	R2050	R800

No subscriptions payable from the 4th child onwards

MEMBER'S GUIDES 2019



NEW BENEFIT

Member are advised that a new limit of over the counter medication has been introduced limited to R100 per member per annum and R180 per family per annum.

IMPORTANCE OF ICD10 CODES

The Scheme would like to emphasize the importance of ICD10 codes being reflected on all prescriptions and accounts. This will ensure that benefits are paid correctly.

GP REFERRALS

Members are reminded that all specialist referrals must be done by your Network General Practitioner.



KEEPING IN TOUCH

We don't want you to miss out on any important information, so please advise us if your contact details have changed. You will receive communication faster and also contribute to a "greener" environment. You can update your information on our website at www.wcmas.co.za or via e-mail wcmas.gov/wcma

We want to hear from you!

USEFUL INFORMATION

Student registration for 2019

Members are reminded to apply for membership of their dependants who are over the age of 21 years and are students registered for 2019. The proof of registration documents must be submitted before the end of February 2019.

MEMBERSHIP

A member must apply for the registration of his/her dependants at the time that he applies for membership:-

 To register a newborn or newly adopted child the registration must take place within 30 days of the date of birth or adoption of the child,

MEMBERSHIP CONTINUED

- If the member marries, the registration of such marriage must be registered within 30 days of the occurrence,
- If a dependant ceases to be eligible to be a dependant (e.g. takes up employment, marries etc.), then the dependant must be de-registered immediately as they do not qualify for benefits,
- The Scheme does <u>not</u> provide cover for divorced spouses even if the divorce settlement decrees that the member is liable for cover,
- Please note that members' and their dependants may not belong to two medical aid schemes at the same time.
 This is fraud.

FRAUD

The Scheme has been made aware of members who have cash-back plans and request extended stay only to be able to claim from their insurance. These practices are strongly viewed as fraud. We encourage members who become aware of this practice to contact the Schemes tip-off line 0860 104 302.

Which benefits will require a Pre-authorisation? Pre-authorisation is required for planned hospital admissions, MRI/CT/PET scans, radio-isotope scans, ICON oncology program, chronic medication and other major medical expenses.

Maternity goodie bag

Members must register with the Scheme once they are in their 4th month in order to qualify for the goodie bag.

Tel: 013-656 1407 wcmas@wcmas.co.za

WELLNESS BENEFIT (HRA) HEALTH RISK ASSESSMENT – WELLNESS 360° CHECK

WCMAS would like to encourage all our members and their registered beneficiaries to undergo their annual Wellness 360° check up's.

1 Visit per beneficiary per year, @ a Clicks DSP clinic . Tests include blood pressure, cholesterol, blood sugar, BMI, healthy meal plan and exercise plan. Combined set of tests @ R193 (including VAT)

OFFICE CLOSURE

Kindly note that the WCMAS Offices will be closed on 21st December 2018 as from 12h00 and will re-open on the 2nd January 2019 at 08h00.

Would like to wish all our members and their families a healthy and prosperous 2019.

Hospital / Oncology and Chronic Disease Management authorisations or procedures members are to contact Universal Care on 0860 111 900 (Available during the festive season)

Call back option: "Please call me" - send your medical aid number to **47977** and the Universal Call centre will assist you with your enquiry within 24 hours.

DSP's: (What doctors may I use?) – Call 080 362 8677 or e-mail network@universal.co.za to find out who your nearest network doctor is.

Members are also reminded to present their membership cards and id documents on admission to hospital.